

STATE OF IOWA

CHESTER J. CULVER, GOVERNOR PATTY JUDGE, LT. GOVERNOR

DEPARTMENT OF HUMAN SERVICES KEVIN W. CONCANNON, DIRECTOR

INFORMATIONAL LETTER NO 745

TO: ICF MR State, Mental Hospital, Community Based ICF/MR, PMIC and Nursing

Facility for Persons with-Mental Illness Providers

ISSUED BY: The Iowa Department of Human Services, Iowa Medicaid Enterprise

DATE: September 17, 2008

RE: Annual Onsite Visits

EFFECTIVE: October 1, 2008

The Code Federal Regulation (CFR) 42, Chapter IV, Part 456 requires an independent review of the services of care being provided to Medicaid members in institutions to be conducted by a team of professionals annually. Effective October 1, 2008, the Iowa Medicaid Enterprise (IME) Medical Services Unit will initiate an onsite review of services designed to meet the requirements specified in the CFR. A copy of these Federal Regulations has been enclosed for your review (Attachment 1). Medical Services will perform onsite evaluations of care provided in the following facilities: Intermediate Care Facilities for the Mentally Retarded (ICF/MR), Psychiatric Medical Institutions for Children (PMIC), Nursing Facilities for Mentally Ill (NF/MI) and Mental Health Institutes (MHI). The purpose of the onsite review is to evaluate the appropriateness of placement and that services are meeting the treatment needs of the Medicaid member. The following table summarizes the onsite, admission, and continuing stay review activities that are currently conducted or will be added to the process by the IME Medical Services Unit.

Facility Type	Onsite Evaluation (new)	Telephonic Admission Review (current)	Telephonic Continuing Stay Review (current)	Onsite Continuing Review (new)
ICF/MR	X	X	(current)	X
PMIC*	X	X	X	X
MHI**	X	X	X	
NF/MI	X	X	X	X

^{*} Primary psychiatric treatment facilities-admission and continuing stay reviews may also be completed by email

Regulations require that facilities be given no more than 48 hours notice of the onsite visit by IME Medical Services Unit. Review team members are qualified professionals in mental illness and mental retardation. Licensed Psychologists and Psychiatrists will be available to the onsite review teams for consultation as needed.

^{**} Fee for services-members over 65

Facilities will be responsible for providing the review team work space and having the medical record information for 100 percent of the Medicaid members being served available for review including:

- Comprehensive individual assessments
- Medical plan of care
- Physician, nursing and other professional progress notes
- Treatment Plans and/or Individual Program Plan
- Annual, quarterly, monthly progress reports and plan updates

The onsite visit will begin with an entrance conference to explain what to expect during the review, reporting procedures, and requirements for corrective action when needed. The facility will be provided a copy of the evaluation tool prior to the visit or the tool can also be accessed through the IME provider web site. A report outlining the findings will be sent to the facility within 30 days of the onsite visit and copied to Department of Human Services and Department of Inspection and Appeals.

For questions related to the onsite visit process or level of care review, please contact Medical Services Unit 1-800-383-1173 or locally at 515-725-1008.

[Code of Federal Regulations]

[Title 42, Volume 3]

[Revised as of October 1, 2004]

From the U.S. Government Printing Office via GPO Access

[CITE: 42CFR456]

[Page 324-360]

TITLE 42--PUBLIC HEALTH

CHAPTER IV--CENTERS FOR MEDICARE & MEDICAID SERVICES, DEPARTMENT OF HEALTH AND HUMAN SERVICES (CONTINUED)

PART 456 UTILIZATION CONTROL

Subpart A General Provisions

Sec.

- 456.1 Basis and purpose of part.
- 456.2 State plan requirements.
- 456.3 Statewide surveillance and utilization control program.
- 456.4 Responsibility for monitoring the utilization control program.
- 456.5 Evaluation criteria.
- **456.**6 Review by State medical agency of appropriateness and quality of services.

Subpart B Utilization Control: All Medicaid Services

- **456.**21 Scope.
- 456.22 Sample basis evaluation of services.
- 456.23 Post-payment review process.

Subpart C Utilization Control: Hospitals

- 456.50 Scope.
- 456.51 Definitions.

Certification of Need for Care

456.60 Certification and recertification of need for inpatient care.

Plan of Care

456.80 Individual written plan of care.

Utilization Review (UR) Plan: General Requirement

- **456.**100 Scope.
- 456.101 UR plan required for inpatient hospital services.

UR Plan: Administrative Requirements

- 456.105 UR committee required.
- **456.**106 Organization and composition of UR committee; disqualification from UR committee membership.

UR Plan: Informational Requirements

- 456.111 Recipient information required for UR.
- 456.112 Records and reports.
- 456.113 Confidentiality.

UR Plan: Review of Need for Admission

- 456.121 Admission review required.
- 456.122 Evaluation criteria for admission review.
- 456.123 Admission review process.
- 456.124 Notification of adverse decision.
- 456.125 Time limits for admission review.
- **456.**126 Time limits for final decision and notification of adverse decision.
- 456.127 Pre-admission review.
- 456.128 Initial continued stay review date.
- **456.**129 Description of methods and criteria: Initial continued stay review date; close professional scrutiny; length of stay modification.

UR Plan: Review of Need for Continued Stay

- 456.131 Continued stay review required.
- 456.132 Evaluation criteria for continued stay.
- 456.133 Subsequent continued stay review dates.

[[Page 325]]

- **456.**134 Description of methods and criteria: Subsequent continued stay review dates; length of stay modification.
- 456.135 Continued stay review process.
- 456.136 Notification of adverse decision.
- **456.**137 Time limits for final decision and notification of adverse decision.

UR Plan: Medical Care Evaluation Studies

- 456.141 Purpose and general description.
- 456.142 UR plan requirements for medical care evaluation studies.
- 456.143 Content of medical care evaluation studies.
- 456.144 Data sources for studies.
- 456.145 Number of studies required to be performed.

Subpart D Utilization Control: Mental Hospitals

- **456.**150 Scope.
- 456.151 Definitions.

Certification of Need for Care

456.160 Certification and recertification of need for inpatient care.

Medical, Psychiatric, and Social Evaluations and Admission Review

- 456.170 Medical, psychiatric, and social evaluations.
- 456.171 Medicaid agency review of need for admission.

Plan of Care

- 456.180 Individual written plan of care.
- 456.181 Reports of evaluations and plans of care.

Utilization Review (UR) Plan: General Requirement

- **456.**200 Scope.
- 456.201 UR plan required for inpatient mental hospital services.

UR Plan: Administrative Requirements

- 456.205 UR committee required.
- **456.**206 Organization and composition of UR committee; disqualification from UR committee membership.

UR Plan: Informational Requirements

- 456.211 Recipient information required for UR.
- 456.212 Records and reports.
- 456.213 Confidentiality.

UR Plan: Review of Need for Continued Stay

- 456.231 Continued stay review required.
- 456.232 Evaluation criteria for continued stay.
- 456.233 Initial continued stay review date.
- 456.234 Subsequent continued stay review dates.
- **456.**235 Description of methods and criteria: Continued stay review dates; length of stay modification.
- 456.236 Continued stay review process.
- 456.237 Notification of adverse decision.
- **456.**238 Time limits for final decision and notification of adverse decision.

UR Plan: Medical Care Evaluation Studies

- 456.241 Purpose and general description.
- 456.242 UR plan requirements for medical care evaluation studies.
- 456.243 Content of medical care evaluation studies.
- 456.244 Data sources for studies.
- 456.245 Number of studies required to be performed.

Subpart E [Reserved]

Subpart F Utilization Control: Intermediate Care Facilities

- 456.350 Scope.
- **456.**351 Definition.

Certification of Need for Care

456.360 Certification and recertification of need for inpatient care.

Medical, Psychological, and Social Evaluations and Admission Review

- 456.370 Medical, psychological, and social evaluations.
- 456.371 Exploration of alternative services.
- 456.372 Medicaid agency review of need for admission.

Plan of Care

- 456.380 Individual written plan of care.
- 456.381 Reports of evaluations and plans of care.

Utilization Review (UR) Plan: General Requirement

- **456.**400 Scope.
- **456.**401 State plan UR requirements and options; UR plan required for intermediate care facility services.

UR Plan: Administrative Requirements

- 456.405 Description of UR review function: How and when.
- **456.**406 Description of UR review function: Who performs UR; disqualification from performing UR.

456.407 UR responsibilities of administrative staff.

UR Plan: Informational Requirements

456.411 Recipient informtion required for UR.

[[Page 326]]

- 456.412 Records and reports.
- 456.413 Confidentiality.

UR Plan: Review of Need for Continued Stay

- 456.431 Continued stay review required.
- 456.432 Evaluation criteria for continued stay.
- 456.433 Initial continued stay review date.
- 456.434 Subsequent continued stay review dates.
- **456.**435 Description of methods and criteria: Continued stay review dates.
- 456.436 Continued stay review process.
- 456.437 Notification of adverse decision.
- 456.438 Time limits for notification of adverse decision.

Subpart G_Inpatient Psychiatric Services for Individuals Under Age 21:

Admission and Plan of Care Requirements

- **456.**480 Scope.
- 456.481 Admission certification and plan of care.
- 456.482 Medical, psychiatric, and social evaluations.

Subpart H_Utilization Review Plans: FFP, Waivers, and Variances for Hospitals and Mental Hospitals

- **456.**500 Purpose.
- 456.501 UR plans as a condition for FFP.

UR Plan: Waiver of Requirements

- 456.505 Applicability of waiver.
- 456.506 Waiver options for Medicaid agency.
- 456.507 Review and granting of waiver requests.
- 456.508 Withdrawal of waiver.

UR Plan: Remote Facility Variances from Time Requirements

- **456.**520 Definitions.
- 456.521 Conditions for granting variance requests.
- 456.522 Content of request for variance.
- 456.523 Revised UR plan.
- 456.524 Notification of Administrator's action and duration of variance.
- 456.525 Request for renewal of variance.

Subpart I_Inspections of Care in Intermediate Care Facilities and
Institutions for Mental Diseases

- **456.**600 Purpose.
- 456.601 Definitions.

- 456.602 Inspection team.
- 456.603 Financial interests and employment of team members.
- 456.604 Physician team member inspecting care of recipients.
- 456.605 Number and location of teams.
- 456.606 Frequency of inspections.
- 456.607 Notification before inspection.
- **456.**608 Personal contact with and observation of recipients and review of records.
- 456.609 Determinations by team.
- **456.**610 Basis for determinations.
- 456.611 Reports on inspections.
- 456.612 Copies of reports.
- 456.613 Action on reports.
- 456.614 Inspections by utilization review committee.
 - Subpart J_Penalty for Failure To Make a Satisfactory Showing of An Effective Institutional Utilization Control Program
- 456.650 Basis, purpose, and scope.
- **456.**651 Definitions.
- 456.652 Requirements for an effective utilization control program.
- **456.**653 Acceptable reasons for not meeting requirements for annual onsite review.
- **456.**654 Requirements for content of showings and procedures for submittal.
- 456.655 Validation of showings.
- 456.656 Reductions in FFP.
- 456.657 Computation of reductions in FFP.